



# Licor Intrinsic

Concentrated Handcrafted Ethno Botanical Tincture  
60 mL



## Patient Reference

### Intrinsic Spagyric Botanicals

### Adrenal & Endocrine Support

**The Intrinsic Spagyric Botanicals** are handmade remedies manufactured in accordance with the proven laws and time-honoured processes of Spagyrisms, laid down hundreds of years ago. It takes 60-90 days to make the concentrated tincture which has been decanted into a 60mL cobalt blue bottle (protects the remedy). Labelling and bottling are performed without electricity. All raw materials are bio-dynamically grown or wildcrafted, and draw from the finest ancient and modern traditions of herbal medicine from the West, Ayurvedic India, South American Amazon, and Traditional Chinese Botanicals. The name of the (ethno) Intrinsic formulas represents the keynote focal remedy ingredients to which the other ingredients constellate, differentiate and amplify.

The adrenal glands are the commonly referred to as the **anti-stress glands of the body**. These glands secrete the hormones adrenaline (epinephrine), noradrenaline (norepinephrine) and cortisol in response to stress or perceived stress.

**Adrenal fatigue occurs when the amount of stress over-extends** the capacity of the body to compensate and recover from that stress. Hans Selye, M.D., discovered a series of events that occur as a reaction to chronic stress. This series of events is known as the *General Adaptation Syndrome (GAS)*.

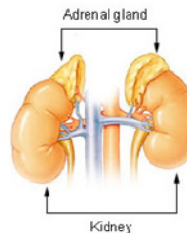
- 1. The alarm reaction:** During the body's initial complex chain of physical and biochemical responses to stress, the adrenals produce extra amounts of hormones, an initial *hyperadrenic* response to stress.
- 2. The resistance stage:** After a period of time of continued, severe stress, the adrenals begin to adapt and to re-build themselves. The prolonged alarm reaction leads to a hypoadrenia as the resistance stage takes over, which can last months or years. Cortisol is produced at this stage, stimulating the conversion of proteins, fats and carbohydrates to energy, as the glucose in the liver and muscles is exhausted. If the stress is prolonged and severe, it will continue into the third stage.
- 3. The exhaustion stage:** The exhaustion stage of the GAS is a hypoadrenia to the point where the person loses the ability to adapt to stress. In the exhaustion stage, there may be a total collapse of body function, or a collapse of specific organs or systems. The body has no energy and little or no ability to resist any further stress. This lack of energy, combined with the electrolyte imbalance produces a cell in crisis.

As the adrenal glands reach stage 2 and 3, the **thyroid/pituitary/hypothalamic axis becomes compromised and more serious conditions may start to manifest**.

**Licorice is known for its ability to modulate and sustain the functions of the adrenal glands.** The compound glycyrrhizin has a chemical structure similar to that of the human steroid hormones and is capable of modulating the adrenal hormones without depleting them. Licorice has an adaptogenic effect on male and female sex hormones, assists in the regulation of blood sugar, has potent anti-viral and anti-bacterial effects.

**Licor Intrinsic's highly adaptogenic plant compounds** assist to initiate the activity of anti-inflammatory and antioxidant hormones secreted by the adrenals to help negate allergic reactions, relieve PMS/menopausal conditions, chronic fatigue, fibromyalgia, Candida, Arthritis, blood sugar regulation, anti-pathogenic and reoccurring respiratory infections, colds and flu (endemic in adrenal exhaustion).

**This distinctive and formidable blend of synergistic and adaptogenic herbs** aid the adrenals with all phases of 'adrenal staging', their support and restoration.



**Licor Intrinsic is an ideal complement to Adrenal Life Force** for the restoration of strength, balance and vitality for the adrenal glands, the thyroid and subsequently, the entire endocrine chain.

#### Ingredients:

Licorice (root) *Glycyrrhiza Glabra*  
Ashwagandha (root) *Withania Somnifera*  
Suma (root) *Pfafia Paniculata*

Black Current (leaf) *Ribes Nigrum*  
Holy Basil (tops) *Ocimum Tenuiflorum*  
Rehmannia (root) *Rehmannia Glutinosa*  
Eleuthero (root) *Eleutherooccus Senticosus*