



# BioHealth Matrix

Synergistic Phyto-Nutritional, Amino Acid & Mineral Complex  
120 Veggie Capsules



## Patient Reference

### Matrix Nutritional Series

**“The Ultimate Daily”**

**Matrix Nutritionals Series** was designed as an eclectic offering for the Physica Energetics line of remedies primarily to assist in the “reactivation of the mesenchyme” (Dr. Reinhold Voll), via the nutritional complement pathways. These pathways are present in every system throughout the body and require balanced attention. In keeping with the principles of BioEnergetic Medicine, the remedies nourish and support these systems without punishing them with overstimulation or imbalancing factors, which, ultimately, is counterproductive. This approach has been carefully and respectfully designed to provide the necessary natural (organic where available), synergistic factors in proper energetic and biochemical ratios, to ensure assistance towards yielding a deep and lasting result. They are not to be confused with replacement therapy nutraceuticals that may seem to help for the moment, until the patient stops taking them or the condition is driven deeper. These remedies honour The Legacy of BioEnergetic Medicine, and are known by both patient and practitioner to be exceptionally effective.

**Our growth, vitality and health are all dependent on vitamins and minerals.** These nutrients are vital for proper digestion, elimination, nervous system function, hormonal production and resistance to disease.

**In a world where environmental contaminants are rising** and our access to natural, wholesome, un-modified foods is becoming increasingly difficult, it is virtually impossible to obtain all the nutrients we require from diet alone.

**For example xeno-hormones that mimic estrogen** are widespread in our environment and lead to severe imbalances in the endocrine system. These xeno-hormones affect not only the sex hormones, but all those in the endocrine chain; cortisol, thyroid hormones and insulin, to name a few.

**Just any old vitamin and mineral formula won't do.** Many of the popular brands sold in health food stores and practitioners' offices today contain basic amounts of vitamins and minerals in nutraceutical form, with little consideration given to the synergistic requirements of these nutrients in the body.

**Bioavailability, assimilation and utilization of nutrients must all be considered.** Amino acids are required for assimilation and utilization of many vitamins and minerals. These same amino acids can also act as neurotransmitters in the body, essential for proper functioning of the brain and nervous system.

**A synergistic blend of vitamins, minerals, amino acids, and phytonutrients, BioHealth Matrix is the ultimate daily multiple emphasizing endocrine support, recovery and balance.**

**Phytonutrients provide potent health benefits** that may be lacking in a formula consisting of isolated nutrients. These phyto-nutrient compounds act as antioxidants, enhance the immune response, improve cellular communication and assist in detoxification.

**Proteins, amino acids, vitamins and minerals are needed for the production and proper utilization of endocrine hormones.** For example, the amino acid L-tyrosine combines with iodine to form the thyroid hormones.

**Everyone needs BioHealth Matrix, the Ultimate Phyto-Nutritional and Mineral Multiple.**

#### Ingredients (per 3 capsules):

Almond meal 75 mg  
Alpha lipoic acid 100mg  
Bioflavonoids (lemon) 100 mg  
Biotin 0.4 mg  
Borage oil powder 5 mg  
Calcium (Aspartate & Gluconate) 100 mg  
Chlorophyll (Sodium Copper Chlorophyllin) 10 mg  
Choline bitartrate 100 mg,  
Chromium (Picolinate) 0.025 mg,  
Copper (Glycinate) 0.15 mg,  
Eleuthero 50 mg  
Folic Acid 0.2 mg  
Garlic 35 mg  
Goldenseal Root 45 mg  
Hesperidin 50 mg  
Inositol 100 mg

Iodine (Kelp) 1 mg  
L-Glutamic acid 5 mg  
L-Glycine 9.7 mg  
L-Histidine 5 mg  
L-Isoleucine 15 mg  
L-Leucine 15 mg  
L-Lysine hydrochloride 15 mg  
L-Phenylalanine 15 mg  
L-Threonine 15 mg  
L-Tyrosine 15 mg  
L-Valine 15 mg  
Magnesium (Aspartate) 50 mg  
Manganese (Aspartate) 5 mg  
Molybdenum (Glycinate) 0.15mg  
PABA 50 mg  
Pantothenic acid (Calcium) 50mg

Phosphorous (Chelate) 40 mg  
Potassium (Glutamate) 10 mg  
Rice bran 150 mg  
Rubidium (AAC) .010 mg  
Rutin 25 mg  
Selenium (Selenomethionine) 0.05 mg  
Vitamin A (palmitate) 2000 IU  
Vitamin B1 (Thiamine) 13 mg  
Vitamin B12 (Cyanocobalamine) 0.03 mg  
Vitamin B2 (Riboflavin) 10 mg  
Vitamin B3 (Niacin) 45 mg  
Vitamin B6 (Pyridoxine hydrochloride) 25 mg  
Vitamin C (ascorbate) 1000 mg  
Vitamin D-3 400 IU  
Vitamin E (succinate) 200 IU  
Zinc (Aspartate) 2 mg